

Creative Community Promotion's Monthly Newsletter



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100 WORDS & GO!

"We all have Pet Peeves. Is just a part of being alive on this planet with other humans. How do we deal with Pet Peeves? Let's face it people can be annoying, things can irritate us..."

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THE MONTHLY RECAP

The purpose of this newsletter is to bring the community together. Each month we will be publishing a new edition.

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COMMUNITY PHOTO COLLAGE

May's theme was travel photography! CHECK IT OUT. Find us on Facebook to see ALL Submitted photos.

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ALL BECAUSE OF BULLYING

by Bev Kaufmann & Samantha Hampton

He was bullied to the point of attempting suicide...and almost succeeded. Riley almost lost his life. He spent months relearning how to walk and talk. All because of bullying! As I continued to work with Riley for a few years, witnessing the physical, mental and psychological effects on a brain-injured child, I kept having a reoccurring thought,

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CCP's YouTube Channel. Subscribe today and stayed tuned for episode 3.

THE MONTHLY RECAP

by Samantha Hampton

Owner of Creative Community Promotions

Creative Community Promotions provides a wide range of services from social media management, events coordinating and promoting, developing and facilitating youth programs, building platforms that promote healthy communication, and so much more.

The month of May has flown right by! This month we launched our YouTube Channel "Our Social Community" We have uploaded our first episode titled "Isolation v.s Connection". It was tons of fun making the video, and we can't wait to share our next video with everyone. We also launched our first Virtual Market for Vendors & Interlake Makers. It was a huge success, and our next Virtual Market will be on June 6th, 2020. Check out our YouTube Tutorial on how the market works. The link is on our Facebook page!

We are in the process of expanding our team and we are eager to find the perfect match! Thank you to everyone who has applied thus far. Know someone who might be a good fit? ccommunityp@gmail.com We are hiring for the position of a sales associate. Spread the word!! We have lots in store for the month of June so stay connected!

Until next month,
Stay Safe, & be kind to one another.

Samantha Hampton

Owner of Creative Community Promotions

HOW I STAY BUSY DURING COVID-19

by Ellie Bushie
11 years old

COVID-19 has kept me at home for a long time. When I am not doing homework or spending time with my family I try and stay busy to help pass the time. I stay busy by going for walks, listening to music, and going for bike rides.

I like going for walks because you can get lots of exercise, I like to enjoy the scenery. One of my favorite scenes is the lake, I love to look at the lake and walk on the dike it is really pretty sometimes.. I usually have time around 5:30 -6:00 pm.

I like to listen to music, some of my favorite songs are xanny by Billie Eilish, and cradles.

I go for bike rides around the development, it helps me when I need to get somewhere fast or I just want to go for a ride. Sometimes I bike with my friends, but most times I ride alone.

Those are some of the things that I do to keep me busy during COVID-19. Walking, biking, and listening to music makes me really happy and keeps me busy.



Send in your child's story to
ccommunityp@gmail.com



LITTLE SEEDS SEWING

Clothing Made with Love that Lasts!

By Kaelyn Martin



Little Seeds Sewing is an online shop for custom, handmade clothing for babies, toddlers, big kids, and mamas. The shop was started by Arborg area resident Kaelyn Martin.

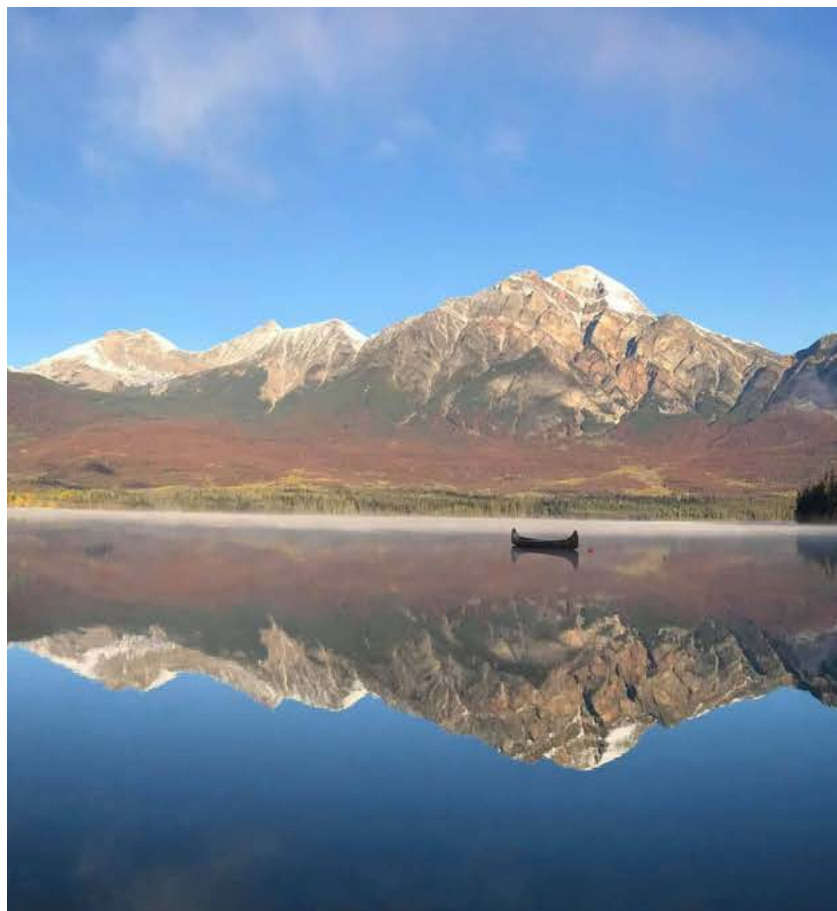
Kaelyn started sewing in Home Economics class in middle school and on weekends with her Baba. She has enjoyed sewing as a hobby for years and has recently turned it into a thriving business.

After the arrival of her twin boys in the summer of 2018, she quickly learned how fast children outgrow their clothing and how important quality is to withstand many washes. So, she began making Grow-With-Me style clothing, which is designed to last your little one for years. Friends and family began requesting handmade items and from there, Little Seeds Sewing has taken off, with over 1000 followers on Facebook and Instagram.

The shop uses fabric sourced from Canadian fabric shops and many custom-designed by Canadian artists. Many patterns are also from Canadian pattern makers. Over the months, many new styles have been added, including clothing and accessories for women as well. Each item is handmade with love somewhere between snacks, nap schedules, and bedtime routines.

Finds us on Facebook & Instagram, chat SOON!

SUBMIT YOUR PHOTO TODAY!
CCOMMUNITYP@GMAIL.COM



CCP wants to thank everyone who submitted photos this month.
DON'T see your photo? Check out our Facebook Page!

photo credit goes out to all our photographers.



Silverline

CUSTOM & PERFORMANCE

by: Silverline Custom & Performance

Established in 2017, we are a family business situated in the heart of Silver, Manitoba. We specialize in automotive repair including, panel replacement, refinishing, custom fabrication, sandblasting, and light mechanical. Just recently, we became an MPI accredited facility, which is a big achievement for us!!

Starting our own business has had its difficulties, but like in most small towns, many would rather support local then go to the big city. We have been lucky enough to have had the local support along with plenty of others to help us keep our dream alive. This has also allowed us to hire a local apprentice, to work alongside us and learn the trade.

During these unprecedented times, we've kept our doors open to the public, so we can better serve you. We follow social distancing guidelines, vehicles are wiped down before returning to the customer with a government recommend cleaner to kill COVID-19, E-transfer, as well as other changes, have been made to keep our staff and customers safe during the pandemic.

We understand the importance of having reliable transportation. We are here to help in any way we can. Come down any time for a free estimate, we'd love to assist you! We carry a lot of pride in what we do, and like the old saying goes... "Choose a job you love, and you'll never work a day in your life."

Stay healthy,

Silverline



Next time your on Facebook check out our photo gallery and see more before and after photo's!



Silverline Custom & Performance

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ALL BECAUSE OF BULLYING

A True Story Inspired by Connection & Compassion

By Bev Kaufmann & Samantha Hampton

One of the best parts of my job is meeting people and hearing their stories, and the reasons behind their actions. Last week I was getting ready for our first virtual market and I met Bev Kaufmann through social media. As we started talking about her wonderful jewelry line she told me about "Be Kind" jewelry. This "Be Kind" jewelry line is the reason I created this newsletter. To share the hidden stories within our communities. It is people like Bev, and Riley who are action takers, who stand up for themselves, and support one another that make a huge difference in this world.

"I created the 'be kind' jewelry line because of a young man I had worked with as an EA, by the name of Riley Miller. Riley came to our school because of on-going bullying he had experienced at his previous school. He was bullied to the point of attempting suicide...and almost succeeded. Riley almost lost his life. He spent months relearning how to walk and talk. All because of bullying! As I continued to work with Riley for a few years, witnessing the physical, mental and psychological effects on a brain-injured child, I kept having a reoccurring thought, why can't people just 'be kind'. That for me was my 'aha' moment. I needed to help 'be the change I wish to see in the world'. So I created the 'be kind' Jewelry line. With each purchase, a percentage of sales goes to Kids Help Phone, where kids can feel they have a voice. I think we all have it in us, so let's 'spread kindness around like confetti'. Expressed Bev

Bev did a wonderful thing by starting the "Be Kind" jewelry line. This jewelry line not only supports Riley in his journey to create awareness but it helps the thousands of children that use the Kids Help Line www.kidshelpphone.ca Go to the website and find out how you can text, phone, live chat, and find resources around you. Check out Riley's Facebook page "Riley Against Bullying" and show your support. Share this news article so more people can support this beautiful jewelry line! Thank you Bev & Riley for all that you do.



@zenelecticjewelry



@zenelecticjewelry
@rileyagainstbullying



100 WORDS & GO

This is our newest edition to the paper!

We provide the word or topic and you have up to 100 words to talk about it.

PET PEEVE

"We all have Pet Peeves. Is just a part of being alive on this planet with other humans. How do we deal with Pet Peeves? Let's face it people can be annoying, things can irritate us as long as we are mindful I feel its okay to express ourselves respectfully. It's always in the delivery of our messages. Always remember having a less than tolerant opinion doesn't make you a bad person!"

- Creative Community Promotions

"The reply-all function in my email! Why do people need to reply-all, just reply to the sender when it doesn't pertain to everyone on the list. Drives me insane, we all get enough emails as it is... I don't need another 20 from your back and forth conversation with the sender."

-Anonymous

"Line drifters... I see you sneaking into the line at the store in front of me. You think I am not paying attention but I AM! You stand there and pretend like you have been in front of me the whole time...we BOTH know you haven't! Get to the back of the line..."

- Sincerely the Person Behind You

"When someone says "Unthaw" something. That means to freeze it, and they mean to warm it up. It kills me inside!"

- Still waiting on the porchops to thaw

"Have you ever watched someone cut their nails in public? I think personal grooming should be done at home. It is my biggest pet peeve."

- Anonymous

"People who don't silence their phone when they play a game in public. Like WHY?"

- Anonymous

"People who discuss being on a diet while you're in the middle of eating something unhealthy."

- Anonymous

"Why do I have to wave at everyone I pass on Main Street? Will you really think I'm rude if I don't wave? Small town shenanigans!"

- Anonymous

"People who drive way slower than the speed limit. Also people who chew with their mouth open... and people who don't listen so you have to keep repeating yourself."

- Annoyed Member of Society

"There is nothing worse than having a nice meal and all you can hear is the sound of someone chewing!"

- Anonymous

WHAT IS THE IBCO?

Find out how you can help grow your community!

by Creative Community Promotions

Okay, let's break this down into the simplest of ways. We have had a tons of inquires this month into what the IBCO is, you ready?

Interlake Businesses & Community Organizers

It is a mouth full so we shorten it to the IBCO, in time this will catch on! We have designed one central hub for business owners and community organizers to communicate with the Interlake communities. Think of the IBCO as a virtual directory.

Right now we are using Facebook as our platform. We are in the process of developing our website and working on software development so people can access this information in the easiest of ways. We have high restrictions in our public group to prevent bullying, rude comments, and people's personal feelings/opinions from getting in the way of providing the communities with useful information that will benefit the population. Check it out today! The link to the group is in the photo description! It's a free public group so join today! Let create change together. One central hub is all we need to stay connected with one another.



OUR FAVORITE THREE

We are constantly searching the internet for FREE online resources & articles. Here are our top 3 finds from May! This month our focus is on self-care. May people roll their eyes when hearing self-care! Having said that we challenge you to learn and read a little bit more about it, you might find yourself surprised...

WWW.SELFCAREDAY.COM

Whether you spend it on a hike, with your pet, or curled up with a good book, taking time to care for yourself will go a long way towards improving your mental ...

WWW.REACHOUT.COM

Developing a self-care plan can help you enhance your health and wellbeing, manage your stress, and maintain professionalism as a worker. Click the link in the photo comments!

WWW.SELFCARE.CA

WHAT IS SELF-CARE? Self-care is the ability of individuals, families and communities to promote health, prevent disease, maintain health, and cope...

HOW YOU CAN CONTRIBUTE

A monthly newsletter written for the community by the community.



SUBMIT A PHOTO

Has something caught your eye? Send it in. We receive a lot of submissions and have a plan for the photos that don't get used in the newsletter so don't worry it will get displayed sooner or later! Email ccommunity@gmail.com or DM us on Facebook!

DO YOU HAVE SOMETHING TO SAY?

This newsletter is for the community. We want everyone to feel included. Our goal is to get everyone involved. Send in a submission, max 300 Words. We can't wait to hear what you have to say. Everyone has something to say.. what's your message going to be?



THE BUSINESS BUZZ

Do you have a new business? Is your company doing something unique? We want to help spread the word. Our community events calendar will start up in June 2020! Do you have a virtual event? Send us a message! We have a few different social platforms to help you get your message out there. Lets work together!