

## *Creative Community Promotion's Monthly Newsletter*



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Novembers photo theme is "What makes you smiles? Follow us on social media to see what next theme is!

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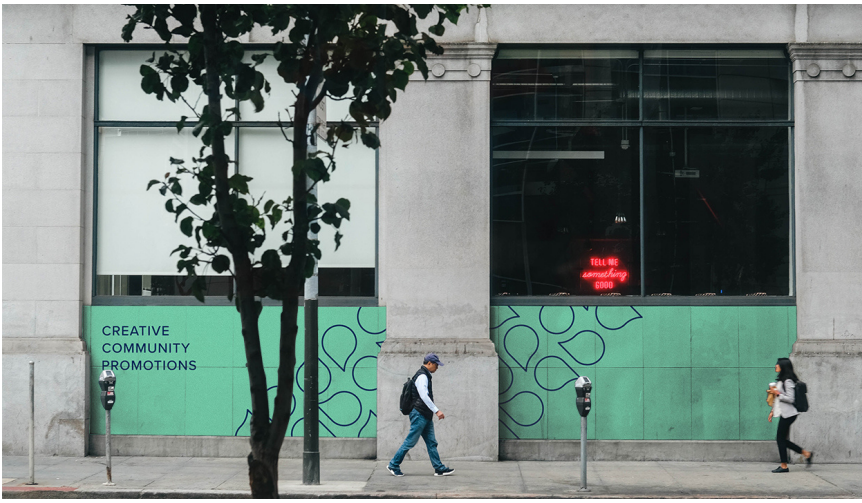
## CARLO'S CUCINA

*by Carlo Guzzi*

I grew up in Winnipeg, since I was three I spent summers in Winnipeg beach. I grew a love of the Interlake. I love being close to the water being an avid fisherman and sponsored by Eskimo and Ion I knew that one day I'd reside in and call Winnipeg beach my home...

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# MANITOBA HEROS

*by Steve Low  
President, Aurora Recovery  
Centre*

On behalf of Aurora Recovery Centre I'd like to acknowledge all the essential workers, tirelessly taking care of our needs behind the scenes.

We are deeply grateful for your dedication and especially thankful to our healthcare workers putting themselves in harms way and taking care of the most vulnerable among us.

As we all join together to overcome our challenges I am reminded once again of how valuable community is here in Manitoba. Please know that in our eyes, you are all true heroes



Do you have a community announcement you would like to make? Let us help you deliver your message.

**CONTACT US TODAY!**  
[ccommunity@gmail.com](mailto:ccommunity@gmail.com)

## THE MONTHLY RECAP

*by Samantha Hampton  
Owner of Creative Community Promotions*

It is important to me that I give a warm thank you to all the communities that have shown such a large amount of support for CCP. Each month this newsletter is getting more and more exposure. Please help me spread the word of "Our Social Community". My goal for the upcoming months is to try and get more children involved with writing.

This month I received an award from CBC "Future 40 Under 40" for the province of Manitoba. I am honored to be a finalist in CBC's 2020 Future 40. It wouldn't be fair to take all of the credit, as it has taken the support of the community to get the company where it is today.

As we are all struggling in our own ways to get through this very troubling pandemic, my hope for Manitoba is that we realize we need each other to get through this. That we work hard to communicate in more efficient ways. That we support our local shops, and organizations. We all have the ability to build a virtual community in a time where human connection is no longer easily accessible.

Until next month,  
Stay Safe, & be kind to one another.

*Samantha Hampton* 



by *The Barkery Dog Treats*  
[www.thebarkerydogtreats.com](http://www.thebarkerydogtreats.com)



Sierra Lathlin launched The Barkery Dog Treats in 2019, with the mission to create the healthiest dog treats using only wholesome human ingredients so that every dog will have a healthy and delicious treat to enjoy.

Based in Gimli, Manitoba, with our treats being enjoyed by dogs and cats all across North America. The Barkery Dog Treats is a 100% Indigenous and female owned small business. Each cookie and cake is made from scratch and decorated with love.

All of our dog and cat treats are handcrafted, with the freshest ingredients, baked and served with a side of love. Baked with no preservatives and limited ingredients. Order your furry freinds some delicious, handcrafted treats through our website today! We know you'll thank us later!



## SOMETHING SPECIAL FOR THE COMMUNITY

by *Katie Jones*



My friends and I are always trying to do something special for the community in one way or another.

This year with everything going on its been hard, and moral in general has been low. So when Susan Bauernhuber (who is always involved in Arborg events) asked me to lend a hand, I couldn't say no. I called in the calvary and we got to work.

First and most importantly Susan got us the tree, I was on bucket duty (to fill with water and freeze the tree in it) and "borrowed" elasticators from my dad to secure it down. Anna & Odinn brought a ladder (and muscles) to help with the hanging of the lights on the stage as well as on the tree. Jen & Bailey brought their keen eye for detail.

Within about an hour and a half we finished our master piece! We all feel so blessed that we could do something to put a smile on everyone's faces this holiday season!

# CARLO'S CUCINA

## Follow Your Dreams

by Carlo Guzzi

I grew up in Winnipeg, since I was three I spent summers in Winnipeg beach. I grew a love of the Interlake. I love being close to the water being an avid fisherman and sponsored by Eskimo and Ion I knew that one day I'd reside in and call Winnipeg beach my home. I had a dream since I was a kid to open up a restaurant here in Winnipeg beach. 30 years later here I am I followed the dream that I had since I was a little boy.

At the beginning of November, we opened Carlo's Cucina in the community centre in Winnipeg Beach. We are going on our second year in Winnipeg beach. We have received a lot of support from everyone in the Interlake and we thank you!

My wife and I talk About it all the time we are so happy to reside in the Interlake. We finally get to be a part of growing this wonderful community. I was once told a saying by a good friend of mine that I fish with "you can take the boy out of Interlake, but you will never take the Interlake out of the boy!"

Our restaurant has a variety of food from Gluten homemade burgers, homemade borscht, and our homemade sauces & dressing! We thrive on fresh quality ingredients!! We were the first restaurant to bring delivery to Winnipeg Beach during these difficult times. We thought we could bring the love for our food to people's homes!

On behalf of myself Carlo Guzzi , Marnie Guzzi, and the staff at Carlo's Cucina we wanted to say thank you from the bottom of our hearts for accepting us and supporting us here in the interlake! If you ever see us on the Street or in the community please stop and say hello! Follow us on Facebook to see ALL of our community fundraisers, specials, and updates.



32 Hamilton Ave  
Winnipeg Beach  
204-294-3369



Find us on  
Facebook



CREATIVE COMMUNITY PROMOTIONS



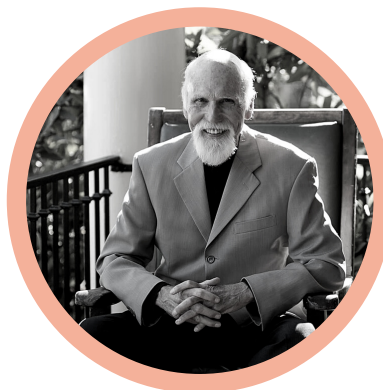
# DEDICATED TO THOSE LOVED ONES IN TRANSITION...

*by Richard Bredsteen*

Dedicated to those loved ones in transition...

You Lead the Way

In light of your spirit I pray  
For your safe journey through the portal  
And soulful passage we must all embrace  
Ultimately, you lead the way,  
As though a new birth is rising,  
In our hearts,  
You are the one now,  
The ancestor we celebrate...Rest in peace,  
Dance with the angels,  
Grieve for those suffering  
In this world,  
Remember how it may be,  
Ever present, with love in our hearts,  
Knowing life and death  
Walk the path together,  
Through the forest,  
Into the light...



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## LOCAL POST OFFICE KEEPS THE MAGIC ALIVE

*by Samantha Hampton*

*Please see photo on the front page.*

One thing that is so incredibly important to me as a parent is to create memories, continue family traditions, and encourage the use of as much imagination as possible. This year Christmas may be different but one thing will remain the same in our house...we still believe in the magic of Christmas.

My house pulls out the red carpet for Santa. We make reindeer food, bake cookies, and of course, we send a letter to Santa to name a few of our traditions. This year my daughter Sophia (8yrs) spent 2 hours getting her letter to Santa ready!

Christmas and community come hand in hand. We couldn't have carried out one of our favorite traditions of mailing our letter to the North Pole without the help of the Silver Harbour Post Office.

We were told that Santa's sack gets picked up in the night and all the letters are taken to The North Pole. As Sophia's eyes lit up while listening to the story from the owner of the post office, I couldn't help but feel anything less than grateful for the Silver Harbour Post Office for taking the time to create a special place for children to come and keep their magical dreams alive! Thank you.



**"Peacepipe stands for Practicing Equality and Accountability with Compassion and Empathy while Promoting Indigenous Practices for Everyone."** - *Kym Edinborough-Capuska*

We are a non-profit, charitable organization located in the Winnipeg Beach Plaza. We serve the Interlake Area from Hecla to Petersfield to Lake Winnipeg to Inwood and everywhere in between.

Our primary objective is to reduce poverty by supporting our members toward improved wellness by increasing awareness of and access to resources. We believe that by creating opportunities to enhance lives through improved mental health and wellness we help to improve the overall wellness of our communities. Resource access may include things like Food Security, Housing, Legal Aid, Resumes, Protection Orders and Third Party Reporting. At Peacepipe we like to say, "the only resource we haven't found is the one you haven't asked for ... yet!"

Our mental wellness services include counselling and group education for individuals, groups, couples, families, youth, and children. Our counsellors are professionals with training and certification in all areas of mental health, with extensive experience working with individuals who have experienced Trauma (personal and vicarious), Sexual Trauma (adult and childhood), Intimate Partner Violence (across the gender spectrum), Substance Abuse (self or another), Grief, Depression, Anxiety and Anger Management. All services at Peacepipe are 100% free to our members!

We at Peacepipe recognize and celebrate that we are ethnically and culturally diverse. We actively encourage our employees, volunteers, and members to practice their cultural beliefs and practices in an environment free from discrimination, harassment, or prejudice.

Peacepipe strives to foster a culture of inclusion, free of all forms of discrimination and violence, where all people are treated with respect and an appreciation of their individual and unique diversity.

 204-407-7674 Kym Edinborough-Capuska My pronouns are She & Her

 [Info@peacepipecentre.ca](mailto:Info@peacepipecentre.ca)

 [www.peacepipecentre.ca](http://www.peacepipecentre.ca)

 Peacepipe Family Wellness Centre Inc.





# HOW WILL YOU CONTRIBUTE?

*A monthly newsletter written for the community by the community.*



## THE BUSINESS BUZZ



Do you have a new business? Is your company doing something unique? We want to help spread the word. Our Social Community features 3 Interlake Businesses each month for FREE. Contact us and let's work together to showcase your products, services, and talents!

## DO YOU HAVE SOMETHING TO SAY?



Our kids column is super fun! Children can write on any topic (120 words) and submit one photo! Do you have something to say? Send in a submission, max 250 words. Everyone has something to say.. what's your message going to be?



## PHOTO COLLAGE!



Each month we pick a new photo theme. Community members send in their photos and they get placed into the newsletters collage! Monthly themes are posted on our social media accounts! Email [ccommunity@gmail.com](mailto:ccommunity@gmail.com) or DM us on Facebook or Twitter.

