

Creative Community Promotions' Monthly Newsletter



"I'll never get tired of spending time watching the skies."- @Jennyblueskies on Instagram Photo
Credit also goes out to @Jennyblueskies. Check her out on Social!

Monthly Recap

My hope is that everyone reading this had a wonderful Christmas Holiday filled with laughter and love.

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It's just Zumba."
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By the Gimli Elves

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Monthly Recap

By Samantha Hampton
Owner of Creative Community Promotions

My hope is that everyone reading this had a wonderful Christmas Holiday filled with laughter and love. This year was a different Christmas for my family. Sometimes changing things up can feel refreshing. Having a small child (9 years old) on Christmas brings magic to the holidays. My daughter adds colour and life to the holidays. It's hard to believe I have had 9 Christmases with my daughter. Next year marks a decade!

When I stop and think about how quickly time can fly, if I am being completely honest I would have to say that it can be a bit terrifying. In 21 days CCP will be two years old. That absolutely blows my mind. My company started out as a tiny idea that also came paired with a copious amount of doubt and reservation.

To jump back on the topic of time flying...

I am currently in northern Alberta on a Christmas vacation. I have had some extra downtime to think and reflect as we are about to begin a new year. As scary as it can be to think about time soaring past me, I would be lying if I also didn't say it's thrilling, and here is why...

I am the director of my show, I call the shots and make choices that work for me as a business owner, mother, spouse, friend, and community member. If something isn't working then I go back to the drawing board. I erase the old plan and draft up a new one. As we all know people come into our lives for all sorts of reasons. Do you have someone in your life that makes you unhappy, drags you down, isn't supportive of your ideas and goals? Let them go... YOU ARE THE DIRECTOR! That's right YOU are calling the shots. Time can fly but remember you are the pilot. You have the ability to create your own flight plan. At the end of the day, it's up to you. Your life, your story.

So as scary as it can be that I blinked and two years flew by, I also am empowered by the fact that I have the ability to make my own choices, and create my own path. We will see all over the headlines and social feeds in the upcoming weeks "NEW YEAR, NEW ME". Remember to improve means there is some level of change that needs to take place. The best part of that is YOU get to decide what's changing. You are in the director's chair.

Until Next Month...

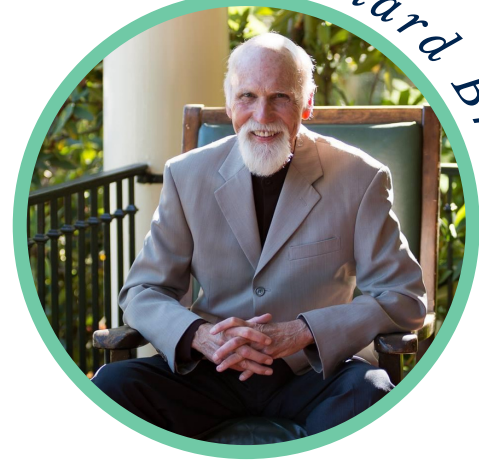
Samantha Hampton



Moving Forward

The stocking is up,
And the tree is a light,
A few gifts are present
In your smile and hugs,
Take hope from this family,
Take care of yourself,
Be well in knowing
The vaccine is powerful protection
In a pandemic,
Grateful for science,
Health care workers,
Everyone creating a safer world
That we may continue to celebrate
With love in our hearts,
and children in our midst...
What shall we name them?
Metta is one, Humpty Dumpty is there,
And Sunshine shows up!
Theo and Jack,
Be quick,
Hank is coming by for a visit,
oh my, where are his treats?
Sweet dreams my love,
Over the moon we go...
And looking forward to another year
With Mother Earth,
Who patiently embraces us
And nourishes all...
Her power beyond reproach
Her beauty is heavenly,
And graciously offered
to her many sentient beings...
At this cross roads
We pause,
Reflect and remember,
Many holy days in deed,
With wise ones,
Ancestors,
Each and every birth,
the tree of life
spreads her branches,
and we lie in reverie...
Delight in her Spirit!

by Richard Bredsteen



Do You Have Feedback?

By The CCP Team

What makes this newsletter so unique is that it is written by the community for the community. Small businesses & community organizations have the opportunity to be featured for FREE! This is our way of giving back to the hardworking members of every neighbourhood. We want to share all the untold stories, showcase all the hidden talent, and provide people a platform to use the power of their voice. Our Social Community brings people, ideas, and businesses together.

Is there something you would like to see added to this monthly newsletter?

Do you have an idea for a community program?

Your feedback is valued, and the CCP team wants to work towards building healthy communities together. Please reach out and share your ideas! We want to hear from you.

osc@creativecommunitypromotions.ca

Christmas Magic Came to Gimli

By the Gimli Elves



A small team of volunteer Christmas decorators with big hearts have become Gimli Christmas Elves after a magical gifting from House of Silk in Winnipeg.

Locals Susan H and Karen B posted a Facebook request asking for donations of Christmas decor to decorate Gimli with, but some magic was about to happen! Local Karen D saw the post and just 1 call to her great friends Melanie and Jim Norbury at House of Silk lead to a truck and horse trailer spilling over with Christmas cheer for Gimli residents. Melanie and Jim just opened up their hearts and their storage building to us and said take what you can use. It was a sight to see truly and the Elves were ecstatic.



Many hours of fluffing and fixing and putting in place and the town feels a lot more like Christmas. Many thanks for the local donations we received, the help from town workers to hang the out of reach spots, the elves that helped along the way, and the town for supplying us with a place to store everything.

The elves already have plans to switch things up and really make things festive for next year if funds can be had. We would love to get the community involved and we have some ideas for that too, but would also love to hear ideas from the residents as well.



It's a huge job for a few of us to undertake and would love to add some more Elves to the team so keep that in mind for Christmas 2022.

Wishing you all of you the best in the New Year!!!

Cheers from the Gimli Elves!



ATVGIRLS

By Sammy, ATVGIRLS owner



www.atvgirls.ca

ATVGIRLS is a small company that started as a hobby to help empower women to get outside and ride their quads, side by sides, dirt bikes, or any other machine that was able to get covered in mud. The ATV community is small, but male dominated and ATVGIRLS is giving the guys a run for their money and calling out all the ladies who have been riding for years, 5 minutes or have been thinking of trying, we're here to support you and cheer you on. We currently have a team of almost 20 ambassadors all over North America who are proudly supporting the ATVGIRLS name and representing what we stand for. We are hoping that our confidence and courage to get out there and spend time on our machines empowers all the ladies that have ever thought of trying it out.

We can be found online at www.atvgirls.ca, where all of our merchandise can be purchased, on Facebook (atvgirlss), Instagram (atv.girls) & tiktok (atv.girls). We are always looking for new ladies to join the ambassador team, the application can be found on our website. Feel free to send in your riding pictures to be featured on our pages and website, send them to hello@atvgirls.ca, use our hashtag in all your riding posts #busydoingduddygirlstuff. Keep a lookout for us at summer ATV events throughout Manitoba."



@atv.girls



@atv.girls



@atvgirlss



Sun Kist Tans



By Tessa Johnson

“Experience the sexy side of sunless with Sun Kist Tans!!”

Hello, my name is Tessa Johnson, I am the owner of Sun Kist Tans & I am a certified spray tan artist. I am in this business to ensure all my clients feel beautiful and good about the skin they're in.

What is a spray tan?

A spray tan is a beauty treatment that will give you a tan without the exposure to ultraviolet rays. The active ingredient in sunless solution is DHA (dihydroxyacetone) a simple non-toxic sugar that combines with amino acids in the skin giving you a “Sun Kist” colour. Sunless tanning does not penetrate beyond the outer layers of the skin and will gradually lighten with every exfoliating cycle.

The sunless solution I use also contains an organic botanical blend of blueberry, cranberry, spinach & aloe which is packed full of goodies your skin craves! All of my sunless products are gluten-free & cruelty-free. They contain anti-aging ingredients & antioxidants.

I also offer sunless tanners, sunless aftercare, beauty & skincare products. You can extend your spray tan or DIY at home with our luxury line of self-tanning and skincare products. Can't make it to the salon, just purchase one of our self-tanning Mousse. It will be sunless perfection all done by yourself.

I offer my services in Gimli Manitoba as well as in Riverton at The Parlour Beauty & Day Spa. Mobile appointments are also available.



Alias Indiana

By Indiana Humniski

"Alias Indiana is the ultimate book-built blog, finding modern meaning behind "classic" literature. Have you ever wondered how the novels of yesterday have the ability to follow today's trends? Did you know that the insta-famous idea of cottagecore possibly originated in a novel published in 1850?

Curated by @pathwaytoindie, a first-year university student who made Alias Indiana as an outlet during the most recent University of Manitoba strike. Alias Indiana explores the intimidating world of literature through the modern eyes of the blog's "categorizing classics" lens. We journey through the complications of "classics" and read those keystone books so that you don't (necessarily) have to!

From the dazzling Emma Woodhouse, to the controversial Hester Prynne, and the treacherous Richard III - get ready to analyze, come join the alias alumni at @alias.indiana"

Yours in Academia,
Indiana Humniski

 @alias.indiana



Hecla Island Woodcraft

By Auðun Grimolfson



Hecla Island Woodcraft offers a new way to create a special connection between its clients and their hand-crafted pieces through thoughtful custom designs and quality finished products. With items such as charcuterie boards, custom shelving, live edge furniture, Hecla Island Woodcraft works with each client to ensure that their piece is unique and has a special personal sentiment designed and built into it.

Auðun Grimolfson founded Hecla Island Woodcraft during the spring of 2020, inspired by his formal education as a Civil Engineer and experience growing up at a cabin on Hecla Island, Manitoba, working on woodworking projects alongside his Dad. Auðun's passion for the craft and attention to detail brings this unique set of skills together to create a product that is of high quality and character each time.

 @hecla_island_woodcraft

Zumba Love

By Jan Keryluk



“Why do you care so much about your fitness classes? It’s just Zumba.”

Have you heard this one before? I have. It’s hard to explain why I love being part of Zumba so much and why I can take it so darn seriously when it’s just a fitness class.

But for me, it’s not.

For me, it goes far beyond physical activity goals. This may be what is in a Facebook post. What this doesn’t say is that Zumba can be a very personal experience.

Being part of classes can:

- turn friends into family
- helps with work stress
- help support a local non-profit you care deeply about
- get us through moving to a new place
- help get us through a death of a family member, a divorce, depression, or a global pandemic.

Because we show up to class, we may be able to find ourselves again. We can find our confidence, our strength, our belief that anything is possible.

Maybe for someone else, it’s “just a class” and that’s ok. It doesn’t speak to them the way it speaks to some of us. Because for some of us, it’s deeply personal because it changed us.

Some call it an obsession; I call it passion.

Winter 2022:

- in-person and virtual classes
- ‘Escape Winter’ Zumba Party, The Beach Volleyball Centre

All in-person events follow current public health guidelines.



Jan Keryluk,
zumbajan@mts.net
MFC Fitness Professional
Licensed Zumba Instructor
MFC Rural Fitness Leader
of the Year, 2020



@jankeryluk22

Another great year!

By Karen Bittner

Gimli Humane Society has another huge donation again from our community again this year.

I would like to thank everyone for the amount of pet food that was dropped off at Europa in Gimli this December. I started this over 30 years ago. My mom Ann Barrett started donating pet food at Christmas time to the Winnipeg Humane Society. In my mom's memory, I started Pets Need Christmas Too Fundraiser, and every Christmas for 30 years. Many Humane Societies and rescues have benefited from this program. Every life counts if I can save lives by making sure that a rescue or Humane Societies can keep them for an extra few days. They will have a better chance of finding them a home.

*Thank you John from Europa for offering me to use his business as a drop-off.
Gimli you're amazing.
Thank you*



How Will You Contribute?

A monthly newsletter written for the community by the community.



The Business Buzz



Do you have a new business? Is your company doing something unique? We want to help spread the word. Our Social Community features 3 Interlake Businesses each month for FREE. Contact us and let's work together to showcase your products, services, and talents!

Do You Have Something To Say?



Our kid's column is super fun! Children can write on any topic (120 words) and submit one photo!

Do you have something to say? Send in a submission, max 250 words. Everyone has something to say.. what's your message going to be?



Photo COLLAGE!



Each month we pick a new photo theme. Community members send in their photos and they get placed into the newsletters collage! Monthly themes are posted on our social media accounts! Check our website for all the details!

www.creativecommunitypromotions.ca or DM us on Facebook or Instagram.