



GERALDINE DE BRAUNE

Instagram  

Highlights



Geraldine De Braune has 25+ years of experience in the private and non-profit sectors as a business owner, a leader, and proactive team member in several high-profile organizations (CBC Radio Winnipeg and Calgary, The Women's Television Network, and The Forks Renewal Corporation).



She holds a Bachelor of Arts from the University of Winnipeg; a Diploma in Broadcast Journalism from Mount Royal College, Calgary; a Certificate in Executive Coaching (CEC) from Royal Roads University, Victoria, and in 2021, completed the Foundation Program at The Centre for Holding Space.



With a passionate appreciation for the local arts community, Geraldine currently sits on the board of Jazz Winnipeg, and founded the Henry Engbrecht Graduate Fellowship at the Marcel A. Desautels Faculty of Music.

"What if something amazing happens? When I started asking 'what if' from the perspective of possibility, opportunity, and expansion, instead of arguing for my own limitations, really amazing things started to happen.."

- Geraldine De Braune

The Words We Use & The Stories We Tell

Duration: 1 Hour

This interactive workshop dives into the language we use when we're thinking and talking about ourselves. When we're in doubt and if our confidence is challenged, our words belie our fears. The narratives we create around those fears can limit our best, most creative, and dynamic selves.

What if you chose a different word, or words, to build a more helpful, powerful, and aspirational narrative around the story you're creating?

