

Highlights



Educational background in Applied Counselling, and over 8 levels of specialized coaching certifications.

Over 17 years of professional experience working in the non-profit social services field, and founded her own business, Phenomenally You Life Coaching in October 2019.

Known for her real-world approach, authentic enthusiasm, and dynamic presence as a professional speaker and facilitator.

Nominated and named as a Finalist in the Entrepreneur of the Year award category at the Women Empowerment Awards in Toronto, September 2022.

"Your smile is your logo. Your personality is your business card. How you leave people feeling after an experience with you becomes your trademark."

Stephanie den Hollander Founder & Certified Master Coach Practitioner Phenomenally You Life Coaching

YOU Matter.

Duration: 1 Hour

Inspiration for entrepreneurs to boost confidence, manage stress, and overcome imposter syndrome.

There are many complicated factors impacting entrepreneurs like never before. Have you been feeling overwhelmed? Frustrated? Disconnected from yourself, family, and/or business? Embrace this workshop as an opportunity to explore and identify what may be holding you back in life and in business, as we walk alongside each other to release limiting beliefs and reclaim our power.

You will leave this experience feeling refreshed, empowered, and ready to target your strengths to elevate your business and life. The most meaningful and profitable investment

